早餐
BREAKFAST

早上8时至11时 8:00–11:00 AM

中式早餐 168
THE CHINESE BREAKFAST
头抽肉丝炒面、金銀蛋瘦肉粥、油条、精选水果盘、豆奶
Stir-fried noodles with sliced pork in superior soya sauce
salted egg and century egg with sliced pork congee
deep-fried Chinese dough stick, assorted fruit platter, soya milk
含有本地食材 contains local source ingredients

英式早餐 198
THE FULL ENGLISH BREAKFAST
坎伯兰猪肉肠、血肠、自制风干烟肉、煎非笼养鸡蛋2只、烤番茄、蘑菇、薯饼
配烘焙酸种面包及原味牛角包
Cumberland pork sausage, black pudding, smoked back bacon rasher, 2 fried cage-free eggs
grilled tomato, portobello field mushroom and hash brown, toasted sourdough and plain crossiant
含有本地食材 contains local source ingredients

烤芦笋配水波蛋及荷兰酱 138
ROASTED ASPARAGUS WITH POACHED EGGS AND HOLLANDAISE SAUCE
黑松露芝士及奶油面包
Black truffle cheese and brioche toast
优质蛋白、天然乳脂、清淡营养 high-quality protein, natural low-fat, light and nutritious
含有本地食材 contains local source ingredients

牛角包意式火腿芝士三文治 108
CRISPY CROISSANT SANDWICH WITH CHEESE AND MORTADELLA HAM

班尼迪 138
CAGE-FREE EGGS BENEDICT
非笼养鸡蛋2只、烟熏火腿、牛油英式松饼、荷兰酱
2 soft poached cage-free eggs, smoked ham, toasted buttered English muffin, hollandaise sauce
可提供无麸质选择 gluten-free option is available
含有本地食材 contains local source ingredients

烟肉芝士奄列 138
CAGE-FREE EGG OMELET WITH CHEESE AND BACON
香梨、菠菜、榛子仁沙律
Pear, spinach and hazelnut salad
含有本地食材 contains local source ingredients

香煎鸡胸肉配班尼士汁 148
CHICKEN BREAST WITH BENEDICT SAUCE
嫩茎兰花苔及薯饼
Tenderstem broccolini and hash browns
低脂高蛋白 、轻养奢味 high protein, light nourishing luxury taste
含有本地食材 contains local source ingredients

海鲜 Seafood 素菜 Vegetarian 辣味 Spicy 健康之选 Healthy Choice 环保食材 Certified Sustainable

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早餐
BREAKFAST

早上8时至11时 8:00–11:00 AM

烟熏三文鱼薄片贝果 158
SMOKED SALMON BAGEL
刺山柑、莳萝奶油芝士、腌红洋葱及薯条
Capers, dill cream cheese, pickled red onion and fries

英式烟肉汉堡 108
EAST END BACON BUTTY
烤风干烟肉配特色烤肉酱、软包
Grilled smoked back bacon rasher with brown sauce, soft bap roll

牛油果泥酸种面包 118
CRUSHED AVOCADO ON TOAST
慢煮非笼养鸡蛋2只、亚拉河谷虹鳟鱼籽
2 soft boiled cage-free eggs, Yarra Valley rainbow trout roe
牛油果优质油脂、膳食营养均衡 avocado provide high-quality oils and contribute to a balanced diet

自家烤制多士 78
HOMEBAKED BREAD TOAST RACK
小麦多士或白多士、格伦尼伦农场自制牛油、果酱及蜂蜜
Toasted brown or white bread, Glenilen farm house butter, preserves and honey
富含膳食纤维、饱腹健康 abundant dietary fibre ensures lasting satiety and optimal wellness

冰镇芒果西米露配格兰诺拉麦片和酸奶 118
CHILLED MANGO AND SAGO CREAM WITH GRANOLA AND YOGURT
鲜杂莓及芒果
Fresh berries, mango
高纤麦片搭配高蛋白酸奶、低脂饱腹 high-fibre cereal with high-protein yoghurt, low-fat and satisfying

时令水果碟 108
SEASONAL FRUIT PLATTER
当季鲜果、高纤低卡、补充维生素 seasonal fresh fruits, high fiber, low calorie

云呢拿煎饼 118
VANILLA PANCAKES
香草奶油及新鲜蓝莓、枫叶蜜糖汁
Blueberries and vanilla whipped cream, maple honey syrup

海鲜 Seafood 素菜 Vegetarian 辣味 Spicy 健康之选 Healthy Choice 环保食材 Certified Sustainable

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汤
SOUPS

早上8时至11时 8:00–11:00 AM

椰皇雪莲子菊花炖乳鸽汤 158
BRAISED PIGEON SOUP WITH COCONUT SNOW LOTUS SEEDS AND CHRYSANTHEMUM
清炖轻油、低脂高蛋白、温润滋补 slowly braised with scant oil, rich in lean protein to gently nourish the body
无麸质、无乳糖 gluten-free, lactose-free
含有本地食材 contains local source ingredients

面食
NOODLES

早上8时至11时 8:00–11:00 AM

澳门特色云吞虾子汤面 118
MACANESE SIGNATURE SHRIMP ROE NOODLES WITH WONTON SOUP

咖喱牛腩汤面 138
NOODLE SOUP WITH BEEF BRISKET IN CURRY SAUCE

四川担担面 118
SICHUAN DAN DAN NOODLE
可提供素食选择 vegan option is available

XO酱猪软骨拉面 148
XO-SAUCE PORK CARTILAGE LA-MIAN

头抽肉丝炒面 118
STIR-FRIED NOODLES WITH SLICED PORK IN SUPERIOR SOYA SAUCE

娘酒鸡汤鲍鱼面 198
ABALONE NOODLE SOUP WITH YELLOW WINE CHICKEN BROTH
高蛋白低脂、温补调理 high-protein, low-fat; gently nourishing and restorative

避风塘风味炸大虾云吞 118
"BI FENG TANG "STYLE FRIED JUMBO SHRIMP WONTON

海鲜 Seafood 素菜 Vegetarian 辣味 Spicy 健康之选 Healthy Choice 环保食材 Certified Sustainable

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粥
CONGEE

早上8时至11时 8:00–11:00 AM

澳门新鲜水蟹粥 285
FRESH CRAB CONGEE
海鲜高蛋白、低脂温润、易消化 seafood protein, low-fat, easy to digest
无麸质、无乳糖 gluten-free, lactose-free
含有本地食材 contains local source ingredients

金银蛋瘦肉粥 108
DOUBLE EGG PORK CONGEE
咸蛋、皮蛋、瘦肉片
Salted egg and century egg with sliced pork

山药鲍鱼鸡粥 168
ABALONE AND CHICKEN CONGEE WITH YAM
养胃食材、低脂高蛋白、清淡易吸收 nourishes stomach, low-fat, easy to absorb

咸猪骨干白菜粥 108
SALTED PORK BONE WITH DRIED CHINESE CABBAGE CONGEE

红薯南瓜小米粥 88
SWEET POTATO PUMPKIN MILLET CONGEE
全谷高纤、养胃低脂 whole grains packed with fibre, soothing digestion with low-fat
素食、无麸质、无乳糖 vegan, gluten-free, lactose-free

鲍鱼瑶柱糯米鸡 138
ABALONE, CONPOY AND CHICKEN GLUTINOUS RICE

炸原条油条 30
DEEP-FRIED CHINESE DOUGH STICK

海鲜 Seafood 素菜 Vegetarian 辣味 Spicy 健康之选 Healthy Choice 环保食材 Certified Sustainable

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全日 ALL DAY | 早上8时至午夜 8:00 AM – LATE

氮气冷萃饮料
NITRO COLD BREW ON TAP

咖啡 COFFEE 68

茶 TEA 68
每日不同口味，欢迎查询 please ask us for the daily flavours

康普茶 KOMBUCHA ♡ 78
天然益生菌、低糖轻饮 low sugar infused with natural probiotics

澳门400次咖啡
MACAO 400-COFFEE SELECTION

澳门400次冻咖啡 68
ICED MACAO 400-CLASSIC
手打咖啡泡沫、牛奶、砂糖、巧克力百奇棒
Whipped instant coffee, milk, white sugar, chocolate Pocky stick

澳门400次冻摩卡 68
ICED MACAO 400-MOCHA
特浓咖啡、巧克力粉、淡奶油、牛奶、可可粉、巧克力百奇棒
Espresso, chocolate powder, whipping cream, milk, cocoa powder, chocolate Pocky stick

澳门400次冻抹茶 68
ICED MACAO 400-MATCHA
特浓咖啡、抹茶粉、白巧克力、淡奶油、牛奶、糖浆、抹茶百奇棒
Espresso, matcha powder, white chocolate, whipping cream, milk, sugar syrup, matcha Pocky stick

澳门400次冻燕麦鸳鸯 78
ICED MACAO 400-OAT YUENYEUNG
手打咖啡泡沫、燕麦奶、白糖、奶茶、巧克力百奇棒
Whipped instant coffee, oat milk, white sugar, milk tea, chocolate Pocky stick

BLOOOM特色单品咖啡 - 本地烘培
SINGLE ORIGIN COFFEE BY BLOOOM - LOCAL ROASTED

巴西 75
BRAZIL
中等酸度、果仁香、顺滑
Medium acidity, nutty, round and smooth

哥伦比亚 75
COLUMBIA
酸度平衡、富黑糖及蜂蜜味、带果仁香
Nutty, hints of dark sugar and honey with moderate acidity

牙买加蓝山 108
JAMAICA BLUE MOUNTAIN
焦糖、榛子、蔗糖
Caramel, hazelnut, cane sugar

♡ 健康之选 Healthy Choice

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全日 ALL DAY | 早上8时至午夜 8:00 AM – LATE

咖啡
COFFEE SELECTION

即磨咖啡 45
REGULAR COFFEE

卡布奇诺 / 拿铁 45
CAPPUCCINO / LATTE
可选择 : 全脂 / 脱脂 / 豆奶 / 燕麦奶
可选择以下口味 : 云呢拿 / 榛子 / 巧克力 / 焦糖
Your choice of milk : whole milk / skimmed milk / soya milk / oat milk
Your choice of flavour : vanilla / hazelnut / chocolate / caramel

意式浓缩咖啡 (单份 / 双份) 38 / 45
ESPRESSO (single / double)

无酒精饮品
0% ALCOHOL BEVERAGE

经典冰红茶 68
CLASSIC ICED TEA

港式奶茶 58
HK STYLE MILK TEA

鲜榨果汁 60
FRESHLY SQUEEZED JUICES
橙汁、西瓜及苹果汁
Orange, watermelon and apple
100%鲜果鲜榨、富含维生素、膳食纤维
100% fresh fruit, rich in vitamins, dietary fiber

汽水 45
SOFT DRINKS
可口可乐、零系可乐、雪碧、姜汁汽水、梳打水、汤力水
Coke, coke zero, sprite, ginger ale, soda water, tonic water

健康果汁 68
FRESHLY SQUEEZED JUICES
绿野仙踪 Detox
五蔬青萃、循理清排 Five green essence deeply detoxifies the body
维C满满 Vision Booster
橙补维C、胡萝卜润护明眸、生姜温养脾胃
Rich in vitamin C, carrot safeguards eyesight, ginger nurtures digestion

健康之选 Healthy Choice

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