



SPA 水疗

水疗服务
MENU OF SERVICES

铂金焕新尊享套餐 Platinum Renewal Package

自由组合招牌足部护理与全身按摩, 为希望在疗愈中重获宁静的您量身打造完美方案。
Tailor-make your experience by selecting from any of our Signature Foot Packages and combining with a full body massage, ideal for those seeking a haven of tranquility to combine therapeutic treatments with restful release to your daily activities.

120分钟mins	任选一款招牌足部套餐	Choose one Signature Foot Package
75分钟mins	深层组织或传统中式按摩二选一	Choice of Deep Tissue or Traditional Chinese Massage
15分钟mins	附加面膜或足膜	Choice of Face or Foot Mask Enhancer
全日畅享SPA活力廊设施		Full day re-entry access to SPA Vitality Lounge facilities

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
210	2,888	3,088

深层肌肉按摩 Deep Tissue Massage

利用揉捏的按摩手法, 舒展肌肉, 缓解各种酸痛、不适及疲劳, 促进血液循环。
A therapeutic massage using kneading techniques to ease aches and pains and stimulate the circulation.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
60 / 90 / 120	948 / 1,338 / 1,738	1,098 / 1,558 / 1,988

传统中式按摩 Traditional Chinese Massage

结合穴位理疗元素与中国传统按摩技术, 不仅能够消除肌肉紧张, 也能令体内气血流通。
A powerful combination of traditional Chinese massage techniques with therapeutic elements of acupressure. Various relaxation techniques release muscular tension and enhance the flow of 'Qi' in the body.

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60 / 90 / 120	948 / 1,338 / 1,738	1,098 / 1,558 / 1,988

深度睡眠香薰按摩 Deep Sleep Aroma Massage

这种按摩手法富有节奏感，理疗师用前臂、手肘、手掌和指压带动全身做出伸延流畅的动作，帮助舒展肌肉，松弛紧张感，让您全然轻松释放。

A rhythmic technique using the forearms, elbows and palms in long, flowing movements to aid in stretching muscles, easing tension and placing you in a state of total relaxation.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
60 / 90 / 120	948 / 1,338 / 1,738	1,098 / 1,558 / 1,988

泰式按摩 Thai Massage

也被称为“瑜珈按摩”，结合拉伸和穴位按压手法，促进全身气血流动，减轻压力和收缩绷紧状态，为您带来深度的全身心放松。

Also known as yoga massage. Combines stretching and pressure points to improve the flow of energy through the body. This massage is deeply relaxing, stretches the muscles and improves clarity of mind.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
60 / 90 / 120	948 / 1,338 / 1,738	1,098 / 1,558 / 1,988

足部按摩 Foot Massage

足部如同一面镜子, 反映人体整个系统与功能的状况。这项专业护理疗程能有效地刺激足部的所有神经及穴道, 并反射到体内的器官及其他部位, 达至整体的治疗功效, 有助恢复身体的平衡与和谐。

This specialized treatment involves the systematic stimulation of reflex points in the feet which correspond to internal organs and other body systems. This holistic, healing technique helps restore balance and harmony to the body.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
60 / 90	748 / 1,048	798 / 1,098

私人贵宾室足部按摩
Foot Massage | Private VIP Room

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
60 / 90	848 / 1,148	898 / 1,198

V 水疗招牌足部套餐 V-Signature Foot Packages

一系列招牌足部护理套餐融合古老传统与现代修复技术, 升级您的体验。我们将穴位按摩与按摩枪冲击波疗法结合, 并加入冷热交替的神经感官元素。为您贴心定制的护理将通过精准的压力点按摩与深层振动, 缓解紧张情绪, 恢复能量流动并带来深度放松。
每套定制套餐包含: 自选专属香氛、洁净足浴及温热草本颈部护理。

Upgrade your experience with our signature packages, where ancient traditions meet modern recovery. Blending pressure point massage with the power of Theragun percussive therapy and neurosensory elements of hot and cold enhancers. Each curated treatment is designed to melt away tension, restore energy flow and deeply relax with a sequence of targeted pressure and deep vibrations.
Each bespoke package includes a personalised sensory scent selection, a cleansing foot bath, and a warmed herbal neck wrap, ensuring that your experience is completely tailored to your needs.

时长 (分钟) DURATION (MIN)	平日 / 澳门元 WEEKDAY / MOP	营运高峰期 / 澳门元 PREMIUM DAYS / MOP
120	1,588	1,688

深度恢复 / 缓解酸痛疲劳
Deep Recovery / Relieves Muscular Pain, Tiredness

针对足部和腿部疲劳酸痛的深度理疗。传统足部按摩搭配冲击波疗法, 重点作用于足底穴位及易疲劳的腿部肌肉。
A deeply therapeutic treatment aimed at relieving aches and pains from tired feet and legs. Our traditional foot massage is complemented with percussive therapy focusing on pressure points in the soles of the feet and muscles prone to fatigue in the legs.

90分钟mins	足部按摩	Foot Massage
30分钟mins	按摩枪足腿冲击按摩	Theragun Foot & Leg Massage

宁静睡眠 / 深度放松, 助眠安神

Sleep Serenity / Deep Relaxation, A Restful Sleep

通过节奏性冲击波与传统足部按摩的配合, 模拟人体自然放松频率, 助您轻松入睡, 一夜好眠。辅

以火山热石疗法, 舒缓肌肉紧张, 实现全身心的放松。

Pairing rhythmic percussive therapy with traditional foot massage to mimic the body's natural relaxation frequency, aiding an easier, more restful sleep. Enhanced with the soothing warmth of volcanic basalt stones to melt away muscle tension allowing for complete relaxation.

90分钟mins	足部按摩	Foot Massage
15分钟mins	热石疗法	Warm Stone Therapy
15分钟mins	按摩枪足腿冲击按摩	Theragun Foot and Lower Leg Massage

玉石冰感焕活 / 清爽排毒

Jade-Cryo Refresh / Refreshing, Detoxifying

首先, 我们将为您带来传统中式足部按摩, 包括足部和小腿的专业排毒手法。搭配足腿专项引流技术。随后, 按摩枪高频冲击加速足部毒素分解, 辅

以沁凉的玉石刮痧石, 沿小腿经络滑动, 缓解水肿, 重现双腿轻盈活力。

Beginning with our traditional Chinese inspired foot massage including specialised drainage techniques to the feet and lower legs. Our Theragun enhancer uses rapid percussive therapy applied to the feet to break down toxins, complemented with the sliding of iced cool jade gua-sha stones along the calf meridians to refresh and relieve fluid retention and swelling in the legs.

90分钟mins	足部按摩	Foot Massage
15分钟mins	玉石冰感刮痧 (小腿)	Cooling Jade Gua-Sha (Lower Legs)
15分钟mins	按摩枪足腿冲击按摩	Theragun Foot & Lower Leg Massage

附加服务 Treatment Enhancers

中草药身体磨砂 Chinese Herbal Body Scrub

乳木果油、椰子油和海盐混合天然中草药元素制成排毒磨砂膏，可促进血液循环，令肌肤润泽光滑，容光焕发。
Shea butter and coconut oil, sea salt are combined making this the ultimate detoxifying scrub that boosts the blood circulation leaving the skin smooth and radiant.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
30	448	458

头部按摩 Head Massage

用指腹轻轻画圈按摩头部穴位，搭配抓捏头皮手法，可以促进头部血液循环，缓解头痛，并有助于清醒头脑。
Light circular pressure on the acupuncture points on the head, combined with pinching the scalp technique, can promote blood circulation in the head, relieve headaches and enhance mental clarity.

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
30	448	458

附加足膜 Foot Mask Enhancer

可选择此清爽足膜叠加于任意护理项目或套餐，滋养干燥肌肤，更添奢华享受。
For added indulgence, one of our refreshing foot masks can be added to any treatment or package to nourish dry skin.

- 可选：
- 清凉薄荷

• 舒缓玫瑰
- Choose from:
- Cooling Peppermint

• Soothing Rose

时长 (分钟) DURATION (MIN)	平日/澳门元 WEEKDAY/MOP	营运高峰期/澳门元 PREMIUM DAYS/MOP
15	188	198

* 平日 (星期一至星期四)，营运高峰期 (星期五、六、日及公众假期周)。
套房水疗按摩服务将额外收取 20% 费用。
所有收费需额外收取5% 政府税。

* Weekday (Monday to Thursday), Premium Days (Friday, Saturday, Sunday & Public Holiday Weeks).
Guestroom in-suite spa services will incur an additional 20% charge on the listed price.
All listed prices are subject to a 5% government tax.